

Position	First Name	Name	Club	Time	Junior
1	PAUL	RICHARDSON	OWLS	32:14	
2	JOSH	LILLY	SEVERN A C	32:18	
3	MATT	LOLE	COVENTRY GODIVA	32:24	
4	RYAN	KENNEY	COVENTRY GODIVA	32:32	
5	BEN	JONES	COVENTRY GODIVA	32:43	
6	JAMES	TROLLOPE	BIRCHFIELD	32:45	
7	PHIL	HINCH	TIPTON	32:47	
8	MATT	CLOWES	STAFFS MOORLANDS	32:51	
9	MATT	ARMSTRONG	COVENTRY GODIVA	32:54	
10	STEVE	EMERY	COVENTRY GODIVA	33:01	
11	JEAN	NDAYRSENGA	BIRCHFIELD	33:10	
12	PAUL	THOMPSON	B'HAM ROWHEATH	33:11	J
13	GARY	BRADBURY	LOUGHBOROUGH	33:13	
14	ROB	HODGES	LOUGHBOROUGH	33:18	
15	SEBASTIAN	FOY	CHELTENHAM	33:24	
16	IAN	RAWLINSON	TIPTON	33:25	
17	IAN	MITCHELL	TIPTON	33:41	
18	RICHARD	TAYLOR	COVENTRY GODIVA	33:51	
19	SEB	DUFFY	CITY OF STOKE	33:54	
20	MATTHEW	JACKSON	B'HAM UNIV	34:18	J
21	SCOTT	HAZELL	COVENTRY GODIVA	34:25	
22	JAMES	MEE	B'HAM UNIV	34:28	
23	AN	OTHER	LOUGHBOROUGH	34:33	
24	BEN	SHERMAN	BIRCHFIELD	34:35	
25	PETER	WHITEHOUSE	BIRCHFIELD	34:43	J
26	MARC	HARTLEY	STAFFS MOORLANDS	34:46	
27	GAZ	DAVIES	OWLS	34:50	
28	RICHARD	BURMAN	COVENTRY GODIVA	34:52	
29	MATT	ALLOTT	STAFFS MOORLANDS	34:53	J
30	JAMES	FAIRBOURN	LOUGHBOROUGH	35:08	
31	STEVE	PLATTS	OWLS	35:09	
32	ADAM	WATT	BIRCHFIELD	35:10	
33	ANDREW	RIDLEY	B'HAM UNIV	35:17	J
34	TOM	MEAKIN	OWLS	35:19	
35	STUART	NELSON	RUGBY & NORTHAMPTON	35:20	
36	LUKE	MARSHALL	B'HAM UNIV	35:21	J
37	MIKE	BUNTIN	TIPTON	35:31	
38	ANDERS	RUSSELL	B'HAM UNIV	35:33	
39	DOMINIC	MORTON	HALESOWEN	35:41	
40	RYAN	HOLROYD	STAFFS MOORLANDS	35:47	J
41	JOSH	CARDWELL	RUGBY & NORTHAMPTON	35:50	J
42	MARTIN	MATTHEWS	B'HAM ROWHEATH	35:53	
43	PADDY	RADLEY	OWLS	35:55	J
44	JON	WHITE	COVENTRY GODIVA	35:57	
45	JAMES	HOOD	LOUGHBOROUGH	36:00	
46	IWAN	JONES	COVENTRY GODIVA	36:01	
47	J	GORINGE	B'HAM UNIV	36:02	
48	PAT	KAVANAGH	TIPTON	36:03	
49	LUKE	LAMBOURNE	WARWICK UNI	36:04	
50	TOM	KENDERDINE	HALESOWEN	36:05	
51	HARVEY	SPEED	COVENTRY GODIVA	36:11	

52	ROGER	MULLINS	CHELTENHAM	36:12	
53	ELLIOT	PRINCE	CHELTENHAM	36:13	
54	STEVE	BAZELL	CITY OF STOKE	36:16	
55	JOHN	CULLEN	BIRCHFIELD	36:18	
56	CHRIS	PENN	HALESOWEN	36:23	
57	CORIN	HUGHES	CHELTENHAM	36:27	
58	ALISTAIR	SMITH	COVENTRY GODIVA	36:30	
59	DAVE	BRATT	STAFFS MOORLANDS	36:33	
60	TOM	BARK	COVENTRY GODIVA	36:35	
61	AARON	BODYCOTE	COVENTRY GODIVA	36:36	
62	VINCENT	O'SULLIVAN	WARWICK UNI	36:41	
63	JAMES	DEAN	LOUGHBOROUGH	36:42	
64	ROB	ANDREW	BOURNVILLE HARRIERS	36:42	
65	RUSSELL	FORSBROOK	CHELTENHAM	36:44	
66	JOHN	GERCS	RUGBY & NORTHAMPTON	36:45	
67	JASON	WILLIAMS	OWLS	36:47	
68	NICK	HAZELWOOD	HALESOWEN	36:47	
69	NICK	HOUGHTON	WARWICK UNI	36:48	
70	JAMES	GRIGGS	COVENTRY GODIVA	36:49	
71	MATTHEW	HOWES	RUGBY & NORTHAMPTON	36:50	
72	MARK	HOBBS	BOURNVILLE HARRIERS	36:57	
73	DEAN	HILL	TIPTON	36:59	
74	HARVEY	ROSE	COVENTRY GODIVA	37:00	
75	WILL	NEW	CHELTENHAM	37:01	J
76	JOHN	DANAHAY	CITY OF STOKE	37:02	
77	MARK	HADLEY	HALESOWEN	37:05	
78	SEAN	ROSE	BOURNVILLE HARRIERS	37:08	
79	PAUL	HAMMOND	W & B	37:10	
80	BRENDAN	MOEN	RUGBY & NORTHAMPTON	37:16	
81	ROSS	ARMSTRONG	B'HAM UNIV	37:17	
82	STUART	CAMERON	LOUGHBOROUGH	37:18	
83	LIAM	ROBERTS	B'HAM UNIV	37:19	
84	ANDY	KENCHINGTON	B'HAM ROWHEATH	37:20	
85	JOHN	GIBSON	B'HAM UNIV	37:21	J
86	ANDREW	WARBURTON	LOUGHBOROUGH	37:22	
87	CHRIS	RYE	WARWICK UNI	37:28	
88	ROB	SHERWOOD	WARWICK UNI	37:30	
89	ED	BANKS	B'HAM ROWHEATH	37:31	
90	MATTHEW	EMERY	RUGBY & NORTHAMPTON	37:31	
91	JAMES	ROSE	SEVERN A C	37:32	
92	CRAIG	JEFFERY	STAFFS MOORLANDS	37:33	
93	JOHN	TUNE	B'HAM ROWHEATH	37:35	
94	PETE	DIMBLEBY	BIRCHFIELD	37:40	
95	DANNY	CLARKE	COVENTRY GODIVA	37:45	
96	LEWIS	SULLIVAN	WARWICK UNI	37:47	
97	STEPHEN	HALE	SEVERN A C	37:50	
98	RICHARD	GRAY	B'HAM ROWHEATH	38:00	
99	MATT	GREEN	B'HAM UNIV	38:01	
100	DANIEL	CLAUS	WARWICK UNI	38:09	
101	ANDY	GORE	CHELTENHAM	38:12	
102	CHRIS	KEENAN	WARWICK UNI	38:18	J
103	GARETH	CADD	BOURNVILLE HARRIERS	38:19	

104	DAVE	LEE	CITY OF STOKE	38:21
105	NICK	DAY	B'HAM UNIV	38:27
106	BILL	NOCK	HALESOWEN	38:34
107	DAVID	GILBERT	SEVERN A C	38:37
108	MARK	ARMSTRONG	RUGBY & NORTHAMPTON	38:38
109	STUART	MEADOWS	RUGBY & NORTHAMPTON	38:45
110	LIAM	HENDRICKEN	CITY OF STOKE	38:51
111	JAMES	PARROTT	COVENTRY GODIVA	38:52
112	VINCE	CARROLL	RUGBY & NORTHAMPTON	38:58
113	TERRY	EGAN	RUGBY & NORTHAMPTON	39:02
114	IAN	SMITH	SEVERN A C	39:08
115	IAN	GILES	CHELTENHAM	39:12
116	STEVE	MILNER	RUGBY & NORTHAMPTON	39:12
117	ANTHONY	JONES	STAFFS MOORLANDS	39:51
118	JOHN	SAW	RUGBY & NORTHAMPTON	39:59
119	KELVIN	AMOS	STAFFS MOORLANDS	40:03
120	DEREK	HATLEY	WARWICK UNI	40:04
121	RICHARD	READ	W & B	40:07
122	NICK	PRICE	HALESOWEN	40:09
123	JAY	TODDINGTON	W & B	40:14
124	D	EDWARDS	W & B	40:29
125	ROB	McDOUGALL	RUGBY & NORTHAMPTON	40:33
126	NEIL	WILLSHER	RUGBY & NORTHAMPTON	40:35
127	BEN	SNOWBALL	LOUGHBOROUGH	40:36
128	MICK	HILL	TIPTON	40:39
129	BRN	MALIA	RUGBY & NORTHAMPTON	40:48
130	NEIL	PLATTS	STAFFS MOORLANDS	41:01
131	ALEX	MORGAN	HALESOWEN	41:03
132	ANDY	WHEELER	BOURNVILLE HARRIERS	41:04
133	JAMIE	McILROY	STAFFS MOORLANDS	41:05
134	N	BRADLEY	W & B	41:13
135	ROB	COOK	CITY OF STOKE	41:21
136	ANDY	NOCK	HALESOWEN	41:22
137	DANNY	WILSON	BOURNVILLE HARRIERS	41:31
138	NIGEL	SEWELL	RUGBY & NORTHAMPTON	41:37
139	ANDY	MERRELL	HALESOWEN	41:38
140	D	BAVE	W & B	41:39
141	MIKE	HOWAT	BIRCHFIELD	41:42
142	GERRY	TIMMINS	BIRCHFIELD	41:44
143	ALISTAIR	GORRIE	B'HAM ROWHEATH	41:56
144	ALAN	MOULD	RUGBY & NORTHAMPTON	42:04
145	BRIAN	SUMMERS	RUGBY & NORTHAMPTON	42:59
146	GARETH	HOWELLS	SEVERN A C	43:12
147	MIKE	PETERS	COVENTRY GODIVA	43:16
148	JOHN	HILL	HALESOWEN	43:26
149	JOHN	VIVIAN	WARWICK UNI	43:34
150	DANIEL	LANPHIER	WARWICK UNI	43:36
151	ADRIAN	WHITE	RUGBY & NORTHAMPTON	43:45
152	MARK	PLATTS	STAFFS MOORLANDS	43:50
153	MATT	SLATER	BOURNVILLE HARRIERS	43:57
154	STEPHEN	DIXON	RUGBY & NORTHAMPTON	44:54
155	ADAYOMI	ADEDIMEJI	B'HAM ROWHEATH	45:12

J

156	BERNARD	SEXTON	WARWICK UNI	45:16
157	JONATHON	GIBBS	BIRCHFIELD	45:21
158	DEREK	LIGHTSTONE?	SEVERN A C	45:53
159	PAUL	FOOT	BOURNVILLE HARRIERS	46:17
160	ROB	RYAN	B'HAM ROWHEATH	46:22
161	CHRIS	HARLEM-MARKS	BOURNVILLE HARRIERS	46:33
162	PETER	STARK	W & B	46:56
163	GEORGE	LAMPLUGH	STAFFS MOORLANDS	48:23
164	ED	HARTLEY	BOURNVILLE HARRIERS	48:57
165	MARTIN	LUDFORD	B'HAM ROWHEATH	49:14
166	ALISTAR	GRANT	HALESOWEN	49:29
167	RICHARD	BARRINGTON	CITY OF STOKE	50:12
168	KEVIN	HOLROYD	STAFFS MOORLANDS	50:35
169	WINSTON	SYLVESTER	STAFFS MOORLANDS	50:39
170	BARRIE	ROBERTS	BOURNVILLE HARRIERS	52:32
171	WAYNE	WALKER	OWLS	52:46
172	CARL	HANSON	B'HAM ROWHEATH	53:54
173	DAVID	SAMPSON	B'HAM ROWHEATH	55:10
174	JIM	SMITH	W & B	55:34
175	MIKE	ANDERTON	SEVERN A C	56:26
176	JIM	GRIFFITHS	BIRCHFIELD	59:24
177	WILLIAM	SPANFENER	BOURNVILLE HARRIERS	67:08