



Wolverhampton & Bilston AC present the



Fordhouses 5K

Friday 12th April 2019 @ 7.00pm

Fordhouses Cricket Club, Wobaston Road, Wolverhampton WV9 5HH.

A measured 5K race on canal towpath and pavement around Pendeford

Cash prize for first three men & women. Plus first male & female in each age category of U20, 40, 50, 60, 70
Memento for all finishers

Entry Fee: Affiliated £11.00 - Unattached £13.00
On the day entries: Affiliated £13.00 (EA ID REQUIRED) - Unattached £15.00
NO refunds will be given.

This race is held in accordance with UKA rules and regulations.
NO HEADPHONES OR EARPHONES ARE PERMITTED.
Race limit 300 — Licence 2019-35472

First Name: Surname:

Age on day of race (min age 11): M/F: Date of Birth:

Running Club & EA reg no. (if applicable):

Address:

..... Postcode:

Phone No:

Email Address:

Do you give permission for WBAC to contact you about future races they organise Yes/No

You agree that we may publish your Personal Information as part of the results of the event and may pass such information to the governing body or any affiliated association for the purpose of insurance, licences or for the publishing of results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, club affiliation, race time and age category.

Declaration: I understand that I am an amateur as defined by UK Athletics & MCAA rules. I am medically fit to take part and I accept that the organisers will not be held responsible for any loss, damage, illness or injury directly or indirectly because of taking part in this event.

Signature of parent or guardian for entrant under 18:

Signed: Date:

Please make cheque payable to Wolverhampton and Bilston AC and send completed entry form with appropriate fee and an A5 stamped self-addressed envelope to: Fordhouses 5K c/o 27 Lawn Lane, Coven, Wolverhampton WV9 5AX. Any questions please contact Mary Harding on 07809 645790.

ONLINE ENTRIES: www.runbritain.com

