



TIMETABLE

MIDLAND U13/15/17 5km Championship Sutton Park, Sutton Coldfield Saturday 23 March 2019

Start Times: **U13 11.00am, U15 11.15am, U17 11.30am**

**Midland MEN'S 12 Stage Road Relay
Championship
(4 x 5.38 miles and 8 x 3.165 miles)
Saturday 23 March 2019 – Start 12.00 noon
Sutton Park, Sutton Coldfield, Birmingham
Long Legs one to four. Short Legs five to twelve.**

**Midland WOMEN'S 6 Stage Road Relay
Championship
(2 x 5.38 miles and 4 x 3.165 miles)
Saturday 23 March 2019 – Start 12.20pm
Sutton Park, Sutton Coldfield, Birmingham
Long Legs one & three. Short legs two, four, five & six.**