



MIDLAND COUNTIES ATHLETIC ASSOCIATION 2019/2020 INDOOR MEETINGS



Competitions Held Under UKA/IPC Rules

Table with 4 rows detailing competition events: 1st Open Meeting (Dec 2019), 2nd Open Meeting (Jan 2020), Midland Championships (Feb 2020), and 3rd Open Meeting (Mar 2020). Each row includes event name, dates, and online entry closing dates.

MIDLAND CHAMPIONSHIPS ELIGIBILITY – All Championship competitors must have at least one of the following qualifications

- ❖ The athlete having been born within the Midlands Competition Area
❖ A minimum of 9 months continuous residence in the Competition Area immediately prior to the event to be competed in.

NB: University Residence does not count as a Midlands qualification.

Birth/Residence qualification is in one of the following:

Avon, Herefordshire, Gloucestershire, Leicestershire, Northamptonshire, Nottinghamshire, Shropshire, Staffordshire, Warwickshire, Worcestershire. NB: England South West (Cornwall, Devon, Dorset, Somerset, Wiltshire) & East Midlands (Derbyshire, Lincolnshire) are recognised for qualification purposes BUT you can compete in only one Area Championship in a calendar year – January to December.

ENTRY FEES PER EVENT – We now ONLY take ONLINE entries

Table with 2 rows and 4 columns showing entry fees for Open Meetings and Midland Championships across different age groups (Senior, U20, U17/U15/U13).

COACHES

ON PRODUCTION OF A CURRENT UKA COACHING LICENCE COACHES WILL BE CHARGED A £1 ENTRY FEE

ONLINE ENTRY PAYMENT MUST BE PAID AT THE TIME OF ENTRY OR ENTRIES MAY BE REFUSED. NON-PAYMENT BY THE END OF THE CLOSING DATE WILL RESULT IN ENTRIES BEING REMOVED

ONLINE ENTRY FOR ALL EVENTS WILL BE AT https://events.englandathletics.org/event/search

- PLEASE NOTE (i) THAT THE ORGANISERS RESERVE THE RIGHT TO REFUSE ENTRIES AND REVISE DATES WHERE NECESSARY AND CLOSE ALL ENTRIES AT ANYTIME ON THE CLOSING DATE
(ii) ENTRIES MAY BE RESTRICTED DUE TO EXCESSIVE NUMBERS, ENTRIES MAY BE CLOSED BEFORE STATED CLOSING DATE DUE TO EXCESSIVE ENTRIES
(iii) ANY ATHLETE WHO COMPETES OVER 2 DAYS MUST RE-REGISTER ON THE 2ND DAY. FAILURE TO DO SO WILL RESULT IN NOT BEING ALLOWED TO COMPETE



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Age Groups

Senior Men/Women	At least 20 years of age on 31 st December 2020
U20 Men/Women	Over 17 but under 20 on 31 December 2020
U17 Men/Women	Over 15 but under 17 on 31 August 2020
U15 Boys/Girls	Over 13 but under 15 on 31 August 2020
U13 Boys/Girls	Over 11 but under 13 on 31 August 2020

1st OPEN 14th/15th DECEMBER 2019

IPC/UKA Classification Ambulant Only

T&F:11-13/20/35-38/42-47/62-67

Saturday 14th December 2019

MEN & WOMEN

Senior/U20/U17/U15/U13	Long Jump & High Jump	Number of Horizontal jumps dependent on entries
Senior/U20/U17/U15	Pole Vault & Triple Jump (inc. U15G)	Number of Horizontal jumps dependent on entries
Senior/U20/U17/U15/U13	Javelin & Shot	Number of throws dependent on entries

High Jump Pool A Starting Height 1.20m, Pool B Starting Height 1.50m, Pool C Starting Height 1.75m

Pole Vault Pool A Starting Height 2.20m, Pool B Starting Height 3.20m

Triple Jump Board A 7/9m, Board B 11m, Board C 13m

Once entries have been received we will split them into the appropriate pools and publish these.

Sunday 15th December 2019 MEN & WOMEN

Senior/U20/U17/U15/U13	60m & 60m Hurdles	2 races per event per 1 payment
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2nd OPEN 18th/19th JANUARY 2020

IPC/UKA Classification Ambulant Only

T&F:11-13/20/35-38/42-47/62-67

Saturday 18th January 2020

MEN & WOMEN

Senior/U20/U17/U15/U13	Long Jump & High Jump	Number of Horizontal jumps dependent on entries
Senior/U20/U17/U15	Pole Vault & Triple Jump (inc. U15G)	Number of Horizontal jumps dependent on entries
Senior/U20/U17/U15/U13	Javelin & Shot (dependent upon Stadium Development)	Number of throws dependent on entries

High Jump Pool A Starting Height 1.20m, Pool B Starting Height 1.50m, Pool C Starting Height 1.75m

Pole Vault Pool A Starting Height 2.20m, Pool B Starting Height 3.20m

Triple Jump Board A 7/9m, Board B 11m, Board C 13m

Once entries have been received we will split them into the appropriate pools and publish these.

Sunday 19th January 2020

MEN & WOMEN

Senior/U20/U17/U15/U13	60m & 60m Hurdles	2 races per event per 1 payment
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MIDLAND CHAMPIONSHIPS 8/9th FEBRUARY 2020

IPC/UKA Classification Ambulant Only

T&F:11-13/20/35-38/42-47/62-67

Saturday 8th February 2020

Senior Men & Women	LJ, HJ, PV, TJ
U20 Men & Women	LJ, HJ, PV, TJ
U17 Men & Women	LJ, HJ, PV, TJ
U15 Boys & Girls	LJ, HJ, PV, TJ

As this is a Championship Please note there are NO pools

High Jump Minimum Starting Height 1.20m **Pole Vault** Minimum Starting Height 2.20m

Triple Jump Boys/Girls (U15) 7/9m, Women (U17, U20, Senior) 7/9/11m, Men (U17, U20, Senior) 9/11/13m

MIDLAND CHAMPIONSHIPS 9th FEBRUARY 2020

IPC/UKA Classification Ambulant Only

T&F:11-13/20/35-38/42-47/62-67

Sunday 9th February 2019

MEN & WOMEN

Senior/U20 Men & Women	60mH, 60m (Heats / Seeded Finals)
U17 Men & Women	60mH, 60m (Heats / Seeded Finals)
U15 Boys & Girls	60mH, 60m (Heats / Seeded Finals)

All competitors will be eligible for seeded heats and using times from these to seeded Finals
We hope to hold the Midland Championships for Shot at Loughborough Open Meeting on 1st February

3rd OPEN 28th/29th MARCH 2020

IPC/UKA Classification Ambulant Only

T&F:11-13/20/35-38/42-47/62-67

Saturday 28th March 2020

MEN & WOMEN

Senior/U20/U17/U15/U13	Long Jump & High Jump	Number of Horizontal jumps dependent on entries
Senior/U20/U17/U15	Pole Vault & Triple Jump (inc. U15G)	Number of Horizontal jumps dependent on entries
Senior/U20/U17/U15/U13	Shot	Number of throws dependent on entries
Senior/U20/U17/U15/U13	Javelin	Number of throws dependent on entries

High Jump Pool A Starting Height 1.20m, Pool B Starting Height 1.50m, Pool C Starting Height 1.75m

Pole Vault Pool A Starting Height 2.20m, Pool B Starting Height 3.20m

Triple Jump Board A 7/9m, Board B 11m, Board C 13m

Once entries have been received we will split them into the appropriate pools and publish these.

Sunday 29th March 2020

MEN & WOMEN

Senior/U20/U17/U15/U13	60m & 100m 60m Hurdles	1 race at each distance per payment
U13 Girls	70m Hurdles	
U13 Boys/U15 Girls	75m Hurdles	
U15 Boys/U17 Women	80m Hurdles	
U17 Men/U20 Women/Senior Woman	100m Hurdles	
U20 Men/Senior Men	110m Hurdles	

CONDITIONS OF ENTRY TO AREA CHAMPIONSHIPS

1 UK ATHLETICS RULES

All events will be subject to UKA Rules for Competition.

2 ELIGIBILITY

All events are confined to amateurs who were either

a) born within the Midland Counties Competition Area
OR

b) have lived within the Area boundary for nine months prior to the date of competition. **See eligibility note on the first page.**

3 EVENT RESTRICTIONS

The Committee reserves the right to cancel any event in which the entries are insufficient to justify the holding of a Championship competition. A minimum of three entries will be required. If an event is cancelled and an athlete chooses to move into a higher age group, the athlete will only qualify for an award in the upper age category and any performance will be deemed as appropriate to that age category only.

4 **UKA RULE 141 S1 APPLIES** – Athletes may choose to compete in an age group above their own, subject to the limitations in rule 141.

5 CLUB MEMBERSHIP AND CLOTHING

After one year of competition, an athlete must be a member of a club affiliated directly or indirectly to UK Athletics. **All Athletes must be a paid up member of both their Club and the England Athletics Affiliation scheme.** Athletes who are club members must wear club vests or alternatively a County, Area or National vest. All athletes are reminded that all clothing must be clean, and so designed and worn as not to be objectionable, even if wet. Crop tops are acceptable as team colours if they are in the same colours as the club vest and as near in design as possible.

6 EQUIPMENT

The organisers will provide implements for the throwing events. Competitors may use their own implements provided that these are booked in a minimum of 90 minutes prior to the scheduled start of the individual event and approved by the Technical Manager. Competitors must supply their own poles in the Pole Vault. Competitors own starting blocks may be used if they conform to regulations and are approved by the Starter's Assistant.

7 ENTRIES

We now ONLY take ONLINE entries

- ❖ The organisers reserve the right to refuse any entry
- ❖ All entries will be checked for current England Athletics registration
- ❖ In the event of a meeting being cancelled by the organisers (MCAA), due to circumstances beyond our control, then there will be a refund of 80% of entry fees. The withheld money will be used to offset the costs already incurred.

Late entries will not be accepted Athletes (or if under 16, their parent/guardian) should check the details on the online entry form before final entry, since errors cannot be corrected after the closing date.



**CLEAN
ATHLETICS**



<https://www.ukad.org.uk/>

I hereby (i) acknowledge that I am bound by UKA's Anti-Doping rules, (ii) agree to submit to drugs testing in connection with this event in accordance with UKA's Anti-Doping rules (which may involve my providing a blood and/or urine sample); and (iii) confirm that I am either aged 18 years or older or that the person(s) having parental responsibility for me consent to the above testing.

To check the status of registered medicines please visit www.globaldro.com. For information on UKA AntiDoping testing procedures download the document from the link shown below <https://uka.org.uk/EasySiteWeb/GatewayLink.aspx?alld=122070T> or watch the video at the bottom of the UKA Clean Athletics Education page <https://uka.org.uk/cleanathletics/education/>. The UKA Anti-Doping Rules are available at uka.org.uk/cleanathletics/rules/. For general anti-doping queries please contact antidoping@uka.org.uk.

