



Wolves & Bilston present
Fordhouses 5K

Friday 24th April 2020 @ 7.00pm



Fordhouses Cricket Club, Wobaston Road, Wolverhampton WV9 5HH. A measured 5K race on canal towpath and pavement around Pendeford.

Cash prize for first three men & women and the first in each age male and female category of U20, 40, 50, 60, 70

Entry Fee: Affiliated £10.00 - Unattached £12.00

Please note NO refunds will be given.

NO ENTRIES ON RACE DAY

This Race is held in accordance with UKA rules and Regulations.

ONLY BONE CONDUCTING EARPHONES ARE PERMITTED.

Licence no 2020-40475

First Name: Surname: EA reg no:

Age on day of race (min age 11): M/F: Date of Birth:

Running Club (if applicable):

Address:

..... Postcode:

Phone No:

Email Address:

Declaration: I understand that I am an amateur as defined by UK Athletics & MCAA rules. I am medically fit to take part and I accept that the organisers will not be held responsible for any loss, damage, illness or injury directly or indirectly because of taking part in this event.

Signature of parent or guardian for entrant under 18:

Signed: Date:

Do you give permission for WBAC to contact you with information about future races? Yes/No

By entering this race you agree to your personal information being published as part of the results procedure, furthermore we may be required to pass on information as requested to the governing body.

Please make cheque payable to Wolverhampton and Bilston AC and send completed entry form with appropriate fee to: The Fordhouses 5K. c/o 27 Lawn Lane, Coven, Wolverhampton WV9 5AX. **Numbers to be collected on the night.** Any questions please contact Mary Harding on 07809 645790

ON-LINE ENTRIES: www.runbritain.com

